



**Night Orienteering
Banners Gate
Sutton Park**

Saturday 17th November 2018

** Provisional information **

Parking Free car park at junction of Chester Road and Monmouth Drive B73 6JX

Starts 18:15 – 19:15.

Format

One course 7.5 km 24 controls

Time limit 60 minutes

Controls taken in order are worth 10 points each. Any time over 60 minutes will be penalised at the rate of 1 point for each 6 seconds over. Controls can be missed out, and any taken out of sequence will not count. For example, 1 2 3 5 6 scores 50 but 1 2 5 3 6 only scores 40 because 3 was taken out of sequence. Runners with the same score will be ranked in order of time taken.

Map Westwood Coppice and Longmoor Valley 1:10,000 (A4 waterproof) by Alison Sloman 2018

Terrain Dry and wooded to the west, sloping away to flat open land that contains areas of marsh, heather and young trees. Few distinct paths away from the main trails.

Timing SportIdent – cards are available for hire at a £1 charge

Fees Adults £5, juniors/students (under 21) £2. Pay on the evening.

Safety Competitors take part at their own risk. Whistles must be carried. In case of bad weather competitors may be required to wear or carry a cagoule. You will need a headtorch (with backup light) and compass. All competitors must report to the finish by 20:30.

Post-race drink/food Parson and Clerk (Toby Carvery) just up the Chester Road at B73 6SP. If you intend to have a meal, booking is essential (0121 353 7785)

Organiser/planner Adrian Bailey (HOC) 07444 002954

For latest information check harlequins.org.uk or coboc.org.uk