



*City of Birmingham Orienteering Club*

# 51<sup>st</sup> Sutton Park Gates Run and orienteering event

## Sutton Park

**Wednesday 28<sup>th</sup> June 2017**

- Venue & Travel:** Town Gate, Sutton Park. O/S SP115963 sheet 139. B74 2YT.  
Parking inside Town Gate just beyond the playground.
- Course:** **Gates:** Starting near Town Gate you have to visit the other six main gates in the Park and return to Town Gate. Distance is about eight miles. Choose your own route. A map will be available. A mix of park road and footpath running.  
Certificates for all finishers, and a special one for under the hour.  
Individual competition for each gender and age group, and also for fastest father/son, mother /son, father/daughter, mother/daughter.  
**Orienteering:** Orange, Light Green, Green courses
- Map:** **Gates:** maps available with gates marked  
**Orienteering:** 1:10 000, 5m contours, Orienteering maps will be pre-marked with courses.
- Punching:** **Gates:** copy codes at gates, bring a pen.  
**Orienteering:** electronic punching using SportIdent. SI-cards may be hired for £1.00.
- Entries:** On day only.
- Fees:** £5 adult  
£2 child or student  
£5 parent / child together
- Registration and starts:** 17.30 – 19.30
- Facilities:** Toilets available in Leisure Centre
- Dogs:** Dogs welcome if kept under control. Leads recommended near the children's playground. Also please be aware of cattle and wild Exmoor ponies in park.
- Safety:** Competitors take part at their own risk and are responsible for their own safety. Whistles must be carried. You must report to finish even if you have not completed your course.
- Officials:** Organiser Mick Sadler [mick\\_sadler@yahoo.co.uk](mailto:mick_sadler@yahoo.co.uk) 07999 383194  
Planner: Dave Ellis

Check on [www.coboc.co.uk](http://www.coboc.co.uk) for last-minute changes before travelling